



Readings for this week: Deuteronomy 8:2-3,14-16
1 Corinthians 10:16-17
John 6:51-58



Readings for next Sunday: Exodus 19:2-6
Romans 5:6-11
Matthew 9:36-10:8



Liturgical Jottings

Wheaten Bread

Wheat was known to the Ancient Egyptians and in the lands of the Near East. A wheat harvest appears in the Book of Genesis in Jacob's time. Jesus refers to wheat in four parables, several other teachings and especially about the grain of wheat that falls to the ground, dies and produces a harvest – an allusion to his own death and new life in the resurrection. Unleavened bread was eaten at the first Passover and at the Last Supper.

Since then unleavened wheat bread is required for the celebration of the Eucharist in the West. Many Eastern Rite Churches use leavened bread symbolising the rising of Christ from the dead. Some Eastern Churches may use unleavened and leavened. What is common and essential is the flour is wheat. Flour may be wholemeal or white (without bran and wheat heart) or flour with gluten extracted to use for celiacs and ones allergic to gluten. Those allergic to wheat may receive Holy Communion from the chalice, the Blood of Christ.

Looking at the Readings

The Past, the Present and the Future are celebrated in the prayers and readings of the liturgy on this feast. Centuries before Christ, Moses appealed to God for food to feed the hungry people in the desert (first reading). God provided them with manna, "Bread from Heaven" actual food to gather daily and eat and symbolic of food for the soul, the word of God. St Paul reminded the Corinthians of the sacramental nature of the bread and wine which becomes communion with the body and blood of Christ. In sharing the eucharist they become nourished by Christ and united with one another.

The Sequence (Lauda Sion), which follows the second reading is a song of praise for the marvellous deeds of God, the actions of Christ who feeds us now and leads us to the future feast in heaven. It especially profound and poetic teaching on the Eucharist.

The Gospel from John chapter six that starts with the feeding of the 5000 and concludes with Christ's teaching on the eucharist and the promise that 'whoever eats this bread will forever' (Jn 6:58).

Quote for the Week

How is it billions of stars live in such harmony with each other - when most humans can barely go a minute without declaring war in their minds about someone they know. *St Thomas Aquinas*

Prayer for the Feast

Oh Lord Jesus Christ, we come before You today, we thank You for the gift of Your Holy Body and Blood through which we get strengthened body, soul and mind. We solemnly pledge that we will offer You our undivided love and also service to our brothers and sisters as it is Your Holy will. We pray this in the Name of the Father, and the Son and the Holy Spirit. Amen. *(St Columban's Mission Society)*

On the Lighter Side

The Sequence for the Feast of Corpus Christi (Lauda Sion) was written by Thomas Aquinas around 1264 at the request of Pope Urban IV for the new Mass of this feast. While it may be sung in the original Latin, we have an English version in our present Lectionary by James Ambrose Dominic Aylward OP (1813-1872). The New Lectionary (2029) will have two translations, one by Paul Murray OP and another by John Hibberd that can be sung with one of several tunes.



 Please email or contact the office to add names to the prayer list	For those who have died and those who are grieving	Philomena Lo Piccolo
	For those whose anniversary occurs at this time	
	Our sick and their carers	Mary Vraca, Kim Mann, Russell Parsons, Rita Fairchild, Harney McKinnon

ROSTERS FOR THE NEXT TWO WEEKS

Sunday 14th June 10:30am

Commentator: Mary Gale
 Reader: John Keane
 Gospel Procession: Anna Ciavarella
 Gifts: S Gregg & D Phelan
 Eucharistic Minister: Debbie Worm
 Screen Operator: Lou Worm
 Music Operator: Trish Warnett
 Money Counters: E Worm & C Coulston

Saturday 20th June 5:00pm

Commentator: Carol Coulston
 Reader: Sheila Gregg
 Gospel Procession: Angela Lombardozzi
 Gifts: L Mercuri & C Bannan
 Screen Operator: Deb Turvey
 Music Operator: Trish Warnett

Sunday 21st June 10:30am

Commentator: Rob Miller
 Reader: Ross Kelly
 Gospel Procession: Elizabeth Edwards
 Gifts: D Hamilton & J Caiafa
 Eucharistic Minister: Anna Ciavarella
 Screen Operator: Debbie Worm
 Music Operator: Trish Warnett
 Money Counters: L & D Worm

Saturday Mass times for 1st & 3rd Sunday of the Month

6:00pm (Oct – Mar) 5:00pm (Apr-Sep)

We thank all of our volunteers for their assistance during Mass



I am the living bread from heaven.

Two Week Mass Timetable Week Commencing 10th June

Weekday Masses

Wednesday 10th June 9:15am
 Friday 12th June 9:15am School Mass

Weekend Mass

Sunday 14th June 10:30am

Weekday Masses

Wednesday 17th June 9:15am
 Friday 19th June 9:15am

Weekend Masses

Saturday 20th June 5:00pm
 Sunday 21st June 10:30am

Monthly events

Anointing Mass every 1st Wednesday Mass at 9:15am
Italian Rosary every 2nd Friday at 2pm in the Church
Reconciliation every 1st Saturday of the month (30 minutes before Mass)

Ladies Cuppa & Chat

1st Wednesday of each month at 2pm in St Mary's Hall. All welcome.



The next one will be Wednesday 1st July

Plate Collection and Envelopes

Thank you so much for your generosity and support of the parish.



Donation QR Code



Last week: \$ 766.00

May God bless you always.



Thank You

Feast of the Sacred Heart

We will celebrate the Feast of the Sacred Heart on Sunday 28th June. There will be a shared lunch following the Mass.

Amen, amen, I say to you, unless you eat the flesh of the Son of Man and drink his blood, you do not have life within you.

John 6:53

Names on Prayer List: Please email or contact the office to add names on the prayer list.

Gluten Free Hosts: Please Trish or Fr Uday know if you require gluten free hosts.

Sacred Heart Winter Appeal: Sacred Heart School is taking donations of perishable goods, toiletries, blankets etc. for St Vincent de Paul. These will be collected and delivered to Vinnies on the Founders Day and Feast of the Sacred Heart. If you would like to donate please drop them off at the school by 12th June or into the basket in the Narthex.

Wills & Bequeaths: There is an information sheet on the table in the Narthex regarding Wills and Bequeaths. Please consider your Parish when you are considering your Will.

Rosters for July and August: are available in the Narthex.



St. Mel's Parish
invites you to
COME
and
CELEBRATE
with us the Feast of
ST. ANTHONY OF PADUA

 **21st June 2026**
(Sunday)

 Holy Mass at 10:00am

 **St. Mel's Parish Church**
18 Hamilton St., Shepparton

Procession of the Statue and
Distribution of the Bread of
St. Anthony will follow right
after the Holy Mass.

EVERYONE is invited for
LUNCH & PROGRAM
at St. Mel's Parish Hall,
35 Hamilton St., Shepparton

\$10/adult
\$5/child

St. Anthony of Padua, pray for us.

THE GIFT OF LIVING BREAD

Corpus Christi Year A is a feast that helps us remember the gift of the Eucharist. It is a day to focus on Jesus as the bread of life. The readings remind us that God provides what we need, not only for our bodies but also for our souls.

This celebration points us back to the desert, where God gave manna to His people. It shows us that we depend on Him for life itself. The Eucharist is the new manna, given through Jesus, who offers Himself so that we may live forever with Him.

Corpus Christi Year A also reminds us that we are one body in Christ. When we share the bread and cup, we are united as His people. It is a gift that nourishes us, strengthens us, and draws us closer to God and to one another.

Corpus Christi Year A is a time to reflect on the gift of the Eucharist. The readings remind us that God provides for His people, unites us through the Body and Blood of Christ, and calls us to trust in Him. The Eucharist is not just a ritual; it is Jesus Himself, given to bring life and unity.

The Eucharist is central to the Catholic faith. It strengthens believers, brings them together, and reminds them of God's love. Corpus Christi Year A invites all to reflect on the meaning of the Eucharist and how it shapes their faith. It is a time to renew gratitude, deepen trust in Jesus, and approach the Eucharist with reverence.

Lord, thank You for the gift of the Eucharist. Help us to trust in You, to be grateful for all You give, and to receive Your Body and Blood with faith. Unite us as one family in Christ. Strengthen us to love and serve others as You have taught. Amen.

CHILD SAFE PARISH

We are a Child Safe Parish, we have a zero tolerance for child abuse and aim to provide a safe, supportive and welcoming environment to all visiting children, young persons and vulnerable adults. If you are concerned for any form of abuse that is immediate you should call 000; a significant risk or harm, whether or not you have formed this belief on reasonable grounds, you should immediately raise your concerns with our Parish Child safety officer Debbie Turvey on 0407 804 317.

ACKNOWLEDGEMENT TO COUNTRY

We turn our hearts and minds to the people of the Yorta Yorta nation, who have occupied this country for thousands of years. We pay respect to their elders past, present and emerging, and commit to walking alongside First Nation Australians in truth, justice and reconciliation.

Sacred Heart Parish, Tatura

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<http://www.sacredheartparishtatura.com.au>

Facebook: Sacred Heart Catholic Parish Tatura

DIOCESE NEWS – 7/6/2026



Discover Catholic Podcasts and events happening across Australia – retreats, pilgrimages, workshops and more.

Visit www.CathEvents.org.au to find opportunities to grow in faith and community. Event organisers can also list their events for free, helping more people connect and participate.

The latest Along the Track can be found on our website under the heading of **Sharings / Along the Track**

Diocese Website: <https://www.sandhurst.catholic.org.au>

Diocese Facebook Page: Catholic Diocese of Sandhurst



Donation QR Code



SANDHURST FORMATION INSTITUTE “GROWING AS COMMUNITIES OF MISSION”

Friday 21 – Saturday 22 August 2026 at Riverlinks Eastbank, Shepparton Building on the success of the 2025 Formation Gathering “Building Communities of Belonging”, Fr Brian Boyle, Diocesan Administrator, is proud to invite you to the Sandhurst Formation Institute 2026 “Growing as Communities of Mission”. The Institute will explore bringing a mission lens to all we do in our faith communities. With a rich program of prayer, keynotes, seminars and a dedicated youth stream, it's an opportunity not to be missed. More details soon!

BISHOP RENÉ RAMIREZ RCJ INSTALATION

On 11 April Pope Leo XIV appointed Bishop René Ramirez RCJ as the ninth Bishop of Sandhurst. He will be installed at Sacred Heart Cathedral on 30 July at 11am. Save the date. All welcome. Until that time, Fr Brian Boyle will continue to serve as Diocesan Administrator.

INTERNATIONAL EUCHARISTIC CONGRESS 2028

“We are an Easter people, and Alleluia is our song!” — Pope John Paul II More than a one-time event, Eucharist 28 is a national journey of renewal, beginning in our own hearts and parishes. This Easter, we saw our churches filled with new life as many were welcomed into the faith. The invitation now is to keep that flame alive: to encounter Christ in the Eucharist every week as we prepare for a global celebration of the Eucharist and a Papal Mass celebrated in Sydney by Pope Leo XIV. Find out more and register at eucharist28.org. World Mission Ros

Lebanon Emergency Relief Appeal

The situation in Lebanon remains extremely fragile – over 1.1 million people displaced nationwide. Stand with the people of Lebanon today.

DONATE NOW
caritas.org.au/lebanon



Photo: Caritas Lebanon

A reading from the holy Gospel according to John.

My flesh is real food and my blood is real drink.

Jesus said to the Jews:

‘I am the living bread which has come down from heaven.

Anyone who eats this bread will live for ever; and the bread that I shall give is my flesh, for the life of the world.’

Then the Jews started arguing with one another: ‘How can this man give us his flesh to eat?’ they said. Jesus replied:

‘I tell you most solemnly, if you do not eat the flesh of the Son of Man and drink his blood, you will not have life in you. Anyone who does eat my flesh and drink my blood has eternal life, and I shall raise him up on the last day. For my flesh is real food and my blood is real drink. He who eats my flesh and drinks my blood lives in me and I live in him. As I, who am sent by the living Father, myself draw life from the Father, so whoever eats me will draw life from me. This is the bread come down from heaven; not like the bread our ancestors ate: they are dead, but anyone who eats this bread will live for ever.’

■ The Gospel of the Lord.

A SERVICE OF THE SOCIETY OF ST PAUL

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Breaking Open the Word

THE LIVING BREAD

Have you ever sat at the deathbed of someone you love, or looked at media reports of destruction of people’s houses and living quarters in parts of the world dominated by violence, or realised the effects of global warming, or seen the tragedy of life in the faces of the young that flash across our TV screens? In our depths, we desire life; life for those who are dying, for those close to us, for those whose lives are tragically shortened by war, for our natural world, for the young.

This very theme is the focus of today’s Gospel text from John 6. Called the ‘bread of life discourse’, this chapter unpacks John’s theology of the Eucharist. The final section of this long Chapter is about the life that Jesus offers. This life comes from the ‘living bread which has come down from heaven’. This is a rich theological symbol at many levels: it is the life, the ‘bread’, given to the Jews through God’s gift to them in the Torah (the first 5 books of the Bible). There they find how to live in covenantal partnership with God; it is the wisdom that comes from Jesus’ teaching; it is the Eucharistic bread received into the community in the celebration of the Lord’s Supper.

The reality of this symbol is underscored using the word ‘flesh’—another rich symbol emphasising Jesus’ presence in its abundance. To eat this eucharistic bread and drink his blood offers communion with him in his fullness, and the promise of a life that will outlive the grave and any suffering and tragedy that confronts. Communion with him brings us true life.

Fr Michael Trainor

THE SAVING WORD

THE MOST HOLY BODY AND BLOOD OF CHRIST / A

7 JUNE 2026

FIRST READING

Deut 8:2-3, 14-16

A reading from the book of Deuteronomy

He gave you food which you and your ancestors did not know.

Moses said to the people: ‘Remember how the Lord your God led you for forty years in the wilderness, to humble you, to test you and to know your inmost heart – whether you would keep his commandments or not. He humbled you, he made you feel hunger, he fed you with manna which neither you nor your fathers had known, to make you understand that man does not live on bread alone but that man lives on everything that comes from the mouth of the Lord.

‘Do not then forget the Lord your God who brought you out of the land of Egypt, out of the house of slavery: who guided you through this vast and dreadful wilderness, a land of fiery serpents, scorpions, thirst; who in this waterless place brought you water from the hardest rock; who in this wilderness fed you with manna that your fathers had not known.’

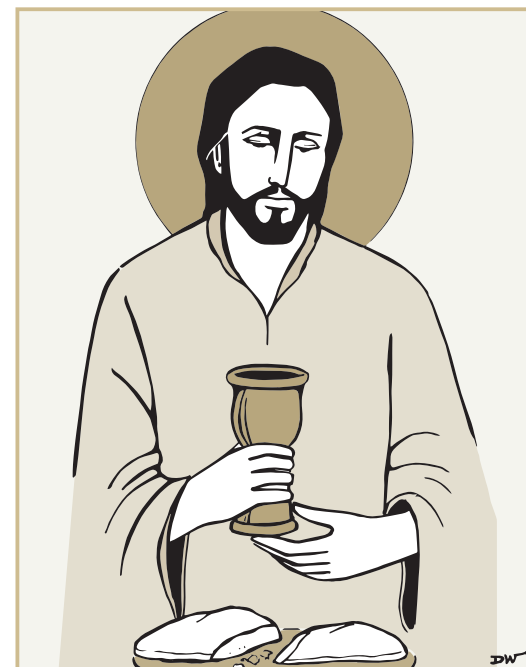
■ The word of the Lord.

RESP PSALM

Ps 147:12-15, 19-20. R. v. 12

R. Praise the Lord, Jerusalem. (or Alleluia!)

1. O praise the Lord, Jerusalem! / Zion, praise your God! / He has strengthened the bars of your gates, / he has blessed the children within you. **R.**
2. He established peace on your borders, / he feeds you with finest wheat. / He sends out his word to the earth / and swiftly runs his command. **R.**
3. He makes his word known to Jacob, / to Israel his laws and decrees. / He has not dealt thus with other nations; / he has not taught them his decrees. **R.**



SECOND READING

1 Cor 10:16-17

A reading from the first letter of St Paul to the Corinthians

Though we are many, we form a single body because we share this one loaf.

The blessing-cup that we bless is a communion with the blood of Christ, and the bread that we break is a communion with the body of Christ. The fact that there is only one loaf means that, though there are many of us, we form a single body because we all have a share in this one loaf.

■ The word of the Lord.

GOSPEL ACCLAMATION

Jn 6:51-52

Alleluia, alleluia! / I am the living bread from heaven, says the Lord; / whoever eats this bread will live for ever. / Alleluia!